

# Melissa C.

“I’m BEAUTIFUL! My stretch marks and saggy skin are proof that I brought life into this world and that means more than your opinion.” ~ Unknown

Today I did something I thought would never be possible... I wore a bikini out in public to the Splash pad. My skin is not perfect and never will be.. I’ve had two beautiful children that I Love so much! They gave me these things called saggy skin and stretch marks and that is just life. I wouldn’t change anything. I have worked very hard to get to where I am today! I have some amazing friends and family who have supported me in my journey. One amazing friend in particular, helped me to build enough confidence to do this today. I am so grateful for you and your friendship! You know who you are!! Thank you! Tomorrow I get to run another Half Marathon and hoping for another PR on this course! [Melissa](#)



